

AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

BRENTWOOD BREAKFAST

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/02/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: WAFFLE, LG Sqr AP B 2ea	2 Waffle	80	190	4	530	1.00	9.00	350.0	0	0	0.0	4.0	31.0	6.0	1.00	0.00
COND PC Margarine 5g	2 each	80	60	0	60	0.00	0.00	0.0	600	80	0.0	0.0	0.0	6.0	2.00	0.00
COND PC Syrup 1.4oz Smuckers	Each	80	120	0	25	0.00	0.00	0.0	0	0	0.0	0.0	30.0	0.0	0.00	0.00
CEREAL BWL, Apple Jacks	Bowl	5	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	5	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	5	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	20	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: ORANGE 138ct Whole 1/2c	1 ea (138ct)	50	29	0	0	1.50	0.06	24.9	140	13	33.18	0.59	7.33	0.07	0.01	*N/A*
JUICE, Apple 100% 4oz Cart	1 Each	50	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			524	9	769	2.02	8.59	601.8	1165	201	18.72	12.10	91.46	11.75	3.33	*0.00
% of Calories											9.2%	9.2%	69.8%	20.2%	5.7%	*0.0%

Tue - 04/03/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: ROLL DG, CinOrgGlz SS WG	2 Each	80	408	0	499	5.98	2.88	79.9	0	0	0.79	11.98	74.51	8.97	1.99	*0.00
CEREAL BWL, Apple Jacks	Bowl	5	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	5	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	5	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	20	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: BANANA (100-120ct) Whl	Each	60	94	0	1	2.74	0.27	5.3	68	8	9.18	1.15	24.11	0.35	0.12	*N/A*
JUICE, Orange 100% 4oz Cart	1 Each	40	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			586	5	675	6.91	3.82	376.5	655	135	25.08	19.28	111.27	9.50	2.59	*0.00
% of Calories											13.2%	13.2%	75.9%	14.6%	4.0%	*0.0%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

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BRENTWOOD BREAKFAST

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/04/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: FR TST STK, AP B 4ea	4 Sticks	80	310	0	410	1.00	1.80	60.0	0	0	0.0	5.0	45.0	12.0	3.00	0.00
COND PC Margarine 5g	2 Each	80	60	0	60	0.00	0.00	0.0	600	80	0.0	0.0	0.0	6.0	2.00	0.00
COND PC Syrup 1.4oz Smuckers	Each	80	120	0	25	0.00	0.00	0.0	0	0	0.0	0.0	30.0	0.0	0.00	0.00
CEREAL BWL, Apple Jacks	Bowl	5	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	5	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	5	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	20	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: APRICOTS, w/ Juice 1/2c	1/2 Cup	20	61	0	35	0.00	0.00	0.0	1767	353	1.21	0.0	14.14	0.0	0.00	0.00
JUICE, Apple 100% 4oz Cart	1 Each	80	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			635	5	684	1.27	2.79	357.3	1448	265	2.38	12.60	106.02	16.51	4.93	*0.00
% of Calories												7.9%	66.8%	23.4%	7.0%	*0.0%

Thu - 04/05/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: BISC MIX, Cinn SS B	1 Each	60	360	0	817	1.29	2.30	47.5	1	0	0.02	6.3	55.97	12.56	4.19	*0.00
CEREAL BWL, Apple Jacks	Bowl	10	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	10	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	10	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	10	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	40	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: APPLESAUCE, AP 1/2c	1/2 cup	70	92	0	10	2.04	0.00	0.0	0	0	0.0	0.0	22.48	0.0	0.00	0.00
JUICE, Orange 100% 4oz Cart	1 Each	30	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			543	5	864	3.16	3.79	361.6	758	159	15.92	13.65	96.18	11.51	4.20	*0.00
% of Calories												10.1%	70.8%	19.1%	7.0%	*0.0%

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BRENTWOOD BREAKFAST

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/06/2012																
BRENTWOOD BREAKFAST	Total	100														
SDW BISC, ChixPty w/AM 1.5	1 Each	60	326	23	853	1.00	1.80	196.2	152	30	0.0	13.03	31.01	16.56	10.28	0.00
CEREAL BWL, Apple Jacks	Bowl	10	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	10	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	10	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	10	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	40	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: PEACHES Slcd w/Syr 1/2c	1/2 Cup	15	66	0	9	0.00	0.00	0.0	284	57	1.14	0.0	16.1	0.0	0.00	0.00
JUICE, Apple 100% 4oz Cart	1 Each	85	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			504	19	888	1.55	3.49	450.8	890	185	3.48	17.39	75.88	13.91	7.86	*0.00
% of Calories												13.8%	60.2%	24.8%	14.0%	*0.0%

Mon - 04/09/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: FR TST STK, AP B 4ea	4 Sticks	85	310	0	410	1.00	1.80	60.0	0	0	0.0	5.0	45.0	12.0	3.00	0.00
COND PC Margarine 5g	2 each	85	60	0	60	0.00	0.00	0.0	600	80	0.0	0.0	0.0	6.0	2.00	0.00
COND PC Syrup 1.4oz Smuckers	Each	85	120	0	25	0.00	0.00	0.0	0	0	0.0	0.0	30.0	0.0	0.00	0.00
CEREAL BWL, Apple Jacks	Bowl	2	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	5	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	3	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	15	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: ORANGE 138ct Whole 1/2c	1 ea (138ct)	60	29	0	0	1.50	0.06	24.9	140	13	33.18	0.59	7.33	0.07	0.01	*N/A*
JUICE, Apple 100% 4oz Cart	1 Each	40	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			626	5	674	2.07	2.67	369.8	1175	199	21.67	12.96	103.17	17.02	5.00	*0.00
% of Calories												8.3%	65.9%	24.5%	7.2%	*0.0%

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Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

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BRENTWOOD BREAKFAST

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/10/2012																
BRENTWOOD BREAKFAST	Total	100														
SDW BISC, EggAP w/AM 1.5	1 Each	80	311	120	768	0.00	1.59	197.4	294	37	0.0	9.72	26.57	18.23	10.77	0.00
CEREAL BWL, Apple Jacks	Bowl	2	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	5	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	8	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	20	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: BANANA (100-120ct) Whl	1 Each	60	94	0	1	2.74	0.27	5.3	68	8	9.18	1.15	24.11	0.35	0.12	*N/A*
JUICE, Orange 100% 4oz Cart	1 Each	40	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			509	101	891	2.09	2.82	472.9	893	166	24.32	17.47	73.04	16.93	9.61	*0.00
% of Calories											13.7%		57.4%	29.9%	17.0%	*0.0%

Wed - 04/11/2012																
BRENTWOOD BREAKFAST	Total	100														
SDW BD, SB&J WH 1.0	sandwich	75	434	0	381	5.80	3.17	91.0	0	0	0.1	12.46	56.92	17.82	2.40	*0.00
CEREAL BWL, Apple Jacks	Bowl	5	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	10	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	5	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	25	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: APRICOTS, w/ Juice 1/2c	1/2 Cup	30	61	0	35	0.00	0.00	0.0	1767	353	1.21	0.0	14.14	0.0	0.00	0.00
JUICE, Apple 100% 4oz Cart	1 Each	70	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			586	5	602	4.94	4.01	385.5	1182	244	2.81	18.19	91.52	16.04	2.94	*0.00
% of Calories												12.4%	62.5%	24.6%	4.5%	*0.0%

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BRENTWOOD BREAKFAST

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/12/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: ROLL DG, CinOrgGiz SS WG	2 Each	80	408	0	499	5.98	2.88	79.9	0	0	0.79	11.98	74.51	8.97	1.99	*0.00
CEREAL BWL, Apple Jacks	Bowl	2	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	5	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	8	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	20	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: APPLESAUCE, AP 1/2c	1/2 cup	70	92	0	10	2.04	0.00	0.0	0	0	0.0	0.0	22.48	0.0	0.00	0.00
JUICE, Orange 100% 4oz Cart	1 Each	30	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			590	5	681	6.66	3.68	375.7	618	131	15.24	18.49	111.36	9.32	2.52	*0.00
% of Calories												12.5%	75.5%	14.2%	3.8%	*0.0%

Fri - 04/13/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: WAFFLE, LG Sqr AP B 2ea	2 Waffle	85	190	4	530	1.00	9.00	350.0	0	0	0.0	4.0	31.0	6.0	1.00	0.00
COND PC Margarine 5g	2 each	85	60	0	60	0.00	0.00	0.0	600	80	0.0	0.0	0.0	6.0	2.00	0.00
COND PC Syrup 1.4oz Smuckers	Each	85	120	0	25	0.00	0.00	0.0	0	0	0.0	0.0	30.0	0.0	0.00	0.00
CEREAL BWL, Apple Jacks	Bowl	2	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	5	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	3	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	15	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: PEACHES Slcd w/Syr 1/2c	1/2 Cup	10	66	0	9	0.00	0.00	0.0	284	57	1.14	0.0	16.1	0.0	0.00	0.00
JUICE, Apple 100% 4oz Cart	1 Each	90	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim 8oz	Carton	80	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
MILK, Skim, Chocolate	Carton	5	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
Weighted Daily Average			508	9	712	1.18	8.54	600.6	1120	234	0.98	11.96	86.61	12.02	3.39	*0.00
% of Calories												9.4%	68.2%	21.3%	6.0%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

BRENTWOOD BREAKFAST

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/16/2012																
BRENTWOOD BREAKFAST	Total	100														
PIZZA AP Tony Bkfst Saus 1.0	Pizza, 3.20	60	220	10	570	1.00	1.80	150.0	300	60	0.0	9.0	24.0	10.0	4.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
CEREAL BWL, Apple Jacks	Bowl	10	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	10	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	10	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	10	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	40	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: ORANGE 138ct Whole 1/2c	1 ea (138ct)	50	29	0	0	1.50	0.06	24.9	140	13	33.18	0.59	7.33	0.07	0.01	*N/A*
JUICE, Apple 100% 4oz Cart	1 Each	50	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			501	11	800	2.30	3.52	435.6	1007	201	19.90	16.44	80.93	12.06	4.68	*0.00
% of Calories												13.1%	64.7%	21.7%	8.4%	*0.0%

Tue - 04/17/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: FR TST STK, AP B 4ea	4 Sticks	80	310	0	410	1.00	1.80	60.0	0	0	0.0	5.0	45.0	12.0	3.00	0.00
COND PC Margarine 5g	2 Each	80	60	0	60	0.00	0.00	0.0	600	80	0.0	0.0	0.0	6.0	2.00	0.00
COND PC Syrup 1.4oz Smuckers	Each	80	120	0	25	0.00	0.00	0.0	0	0	0.0	0.0	30.0	0.0	0.00	0.00
CEREAL BWL, Apple Jacks	Bowl	5	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	5	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	5	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	20	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: BANANA (100-120ct) Whl	Each	55	94	0	1	2.74	0.27	5.3	68	8	9.18	1.15	24.11	0.35	0.12	*N/A*
JUICE, Orange 100% 4oz Cart	1 Each	45	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			649	5	673	2.78	2.95	360.2	1132	199	26.08	13.69	111.11	16.70	4.99	*0.00
% of Calories												8.4%	68.4%	23.2%	6.9%	*0.0%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

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BRENTWOOD BREAKFAST

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/18/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: ROLL DG, CinOrgGiz SS WG	2 Each	80	408	0	499	5.98	2.88	79.9	0	0	0.79	11.98	74.51	8.97	1.99	*0.00
CEREAL BWL, Apple Jacks	Bowl	5	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	5	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	5	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	20	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: APRICOTS, w/ Juice 1/2c	1/2 Cup	20	61	0	35	0.00	0.00	0.0	1767	353	1.21	0.0	14.14	0.0	0.00	0.00
JUICE, Apple 100% 4oz Cart	1 Each	80	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			570	5	687	5.26	3.66	373.3	968	201	3.01	18.19	105.63	9.29	2.52	*0.00
% of Calories												12.8%	74.1%	14.7%	4.0%	*0.0%

Thu - 04/19/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: BISC MIX, Ham w/CH SS B 1	1 Each	70	390	24	1033	1.05	2.50	144.1	152	30	0.0	13.53	44.62	17.62	6.88	*0.00
CEREAL BWL, Apple Jacks	Bowl	5	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	10	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	10	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	30	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: APPLESAUCE, AP 1/2c	1/2 cup	65	92	0	10	2.04	0.00	0.0	0	0	0.0	0.0	22.48	0.0	0.00	0.00
JUICE, Orange 100% 4oz Cart	1 Each	35	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			566	22	1054	2.77	3.66	426.1	795	166	17.31	18.91	87.87	15.47	6.14	*0.00
% of Calories												13.4%	62.1%	24.6%	9.8%	*0.0%

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¹ - denotes optional nutrient values

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

BRENTWOOD BREAKFAST

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/20/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: PANCAKES, AP B 2ea	2 Pancake	80	147	17	313	1.33	1.20	26.7	0	0	0.0	4.0	26.0	2.67	0.33	0.00
COND PC Syrup 1.4oz Smuckers	Each	80	120	0	25	0.00	0.00	0.0	0	0	0.0	0.0	30.0	0.0	0.00	0.00
COND PC Margarine 5g	2 each	80	60	0	60	0.00	0.00	0.0	600	80	0.0	0.0	0.0	6.0	2.00	0.00
CEREAL BWL, Apple Jacks	Bowl	5	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	5	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	5	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	20	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: PEACHES Slcd w/Syr 1/2c	1/2 Cup	10	66	0	9	0.00	0.00	0.0	284	57	1.14	0.0	16.1	0.0	0.00	0.00
JUICE, Apple 100% 4oz Cart	1 Each	90	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			505	19	602	1.54	2.31	330.7	1123	200	2.25	11.80	91.01	9.04	2.79	*0.00
% of Calories												9.3%	72.1%	16.1%	5.0%	*0.0%

Mon - 04/23/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: WAFFLE, LG Sqr AP B 2ea	2 Waffle	80	190	4	530	1.00	9.00	350.0	0	0	0.0	4.0	31.0	6.0	1.00	0.00
COND PC Margarine 5g	2 each	80	60	0	60	0.00	0.00	0.0	600	80	0.0	0.0	0.0	6.0	2.00	0.00
COND PC Syrup 1.4oz Smuckers	Each	80	120	0	25	0.00	0.00	0.0	0	0	0.0	0.0	30.0	0.0	0.00	0.00
CEREAL BWL, Apple Jacks	Bowl	5	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	5	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	5	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	20	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: ORANGE 138ct Whole 1/2c	1 ea (138ct)	50	29	0	0	1.50	0.06	24.9	140	13	33.18	0.59	7.33	0.07	0.01	*N/A*
JUICE, Apple 100% 4oz Cart	1 Each	50	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			524	9	769	2.02	8.59	601.8	1165	201	18.72	12.10	91.46	11.75	3.33	*0.00
% of Calories												9.2%	69.8%	20.2%	5.7%	*0.0%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

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BRENTWOOD BREAKFAST

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/24/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: ROLL DG, CinOrgGiz SS WG	2 Each	80	408	0	499	5.98	2.88	79.9	0	0	0.79	11.98	74.51	8.97	1.99	*0.00
CEREAL BWL, Apple Jacks	Bowl	5	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	5	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	5	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	20	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: BANANA (100-120ct) Whl	Each	60	94	0	1	2.74	0.27	5.3	68	8	9.18	1.15	24.11	0.35	0.12	*N/A*
JUICE, Orange 100% 4oz Cart	1 Each	40	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			586	5	675	6.91	3.82	376.5	655	135	25.08	19.28	111.27	9.50	2.59	*0.00
% of Calories												13.2%	75.9%	14.6%	4.0%	*0.0%

Wed - 04/25/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: FR TST STK, AP B 4ea	4 Sticks	80	310	0	410	1.00	1.80	60.0	0	0	0.0	5.0	45.0	12.0	3.00	0.00
COND PC Margarine 5g	2 Each	80	60	0	60	0.00	0.00	0.0	600	80	0.0	0.0	0.0	6.0	2.00	0.00
COND PC Syrup 1.4oz Smuckers	Each	80	120	0	25	0.00	0.00	0.0	0	0	0.0	0.0	30.0	0.0	0.00	0.00
CEREAL BWL, Apple Jacks	Bowl	5	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	5	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	5	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	20	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: APRICOTS, w/ Juice 1/2c	1/2 Cup	20	61	0	35	0.00	0.00	0.0	1767	353	1.21	0.0	14.14	0.0	0.00	0.00
JUICE, Apple 100% 4oz Cart	1 Each	80	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			635	5	684	1.27	2.79	357.3	1448	265	2.38	12.60	106.02	16.51	4.93	*0.00
% of Calories												7.9%	66.8%	23.4%	7.0%	*0.0%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

BRENTWOOD BREAKFAST

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/26/2012																
BRENTWOOD BREAKFAST	Total	100														
BRD: BISC MIX, Cinn SS B	1 Each	60	360	0	817	1.29	2.30	47.5	1	0	0.02	6.3	55.97	12.56	4.19	*0.00
CEREAL BWL, Apple Jacks	Bowl	10	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	10	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	10	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	10	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	40	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: APPLESAUCE, AP 1/2c	1/2 cup	70	92	0	10	2.04	0.00	0.0	0	0	0.0	0.0	22.48	0.0	0.00	0.00
JUICE, Orange 100% 4oz Cart	1 Each	30	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			543	5	864	3.16	3.79	361.6	758	159	15.92	13.65	96.18	11.51	4.20	*0.00
% of Calories												10.1%	70.8%	19.1%	7.0%	*0.0%

Fri - 04/27/2012																
BRENTWOOD BREAKFAST	Total	100														
SDW BISC, ChixPty w/AM 1.5	1 Each	60	326	23	853	1.00	1.80	196.2	152	30	0.0	13.03	31.01	16.56	10.28	0.00
CEREAL BWL, Apple Jacks	Bowl	10	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	10	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	10	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	10	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	40	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: PEACHES Slcd w/Syr 1/2c	1/2 Cup	15	66	0	9	0.00	0.00	0.0	284	57	1.14	0.0	16.1	0.0	0.00	0.00
JUICE, Apple 100% 4oz Cart	1 Each	85	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			504	19	888	1.55	3.49	450.8	890	185	3.48	17.39	75.88	13.91	7.86	*0.00
% of Calories												13.8%	60.2%	24.8%	14.0%	*0.0%

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AFFTON SCHOOL DISTRICT

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Mar 15, 2012

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BRENTWOOD BREAKFAST

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/30/2012																
BRENTWOOD BREAKFAST																
	Total	100														
BRD: FR TST STK, AP B 4ea	4 Sticks	85	310	0	410	1.00	1.80	60.0	0	0	0.0	5.0	45.0	12.0	3.00	0.00
COND PC Margarine 5g	2 each	85	60	0	60	0.00	0.00	0.0	600	80	0.0	0.0	0.0	6.0	2.00	0.00
COND PC Syrup 1.4oz Smuckers	Each	85	120	0	25	0.00	0.00	0.0	0	0	0.0	0.0	30.0	0.0	0.00	0.00
CEREAL BWL, Apple Jacks	Bowl	2	70	0	85	2.00	2.70	0.0	300	60	9.0	1.0	16.0	0.0	0.00	0.00
CEREAL BWL, CinnTstCrnch WG	Bowl	5	120	0	200	1.00	3.60	80.0	400	80	4.8	1.0	22.0	3.0	0.50	0.00
CEREAL BWL, Cocoa Puffs WG	Bowl	3	90	0	130	1.00	3.60	80.0	400	80	4.8	1.0	20.0	1.0	0.00	0.00
CEREAL BWL, Frosted Flakes	Bowl	5	110	0	135	0.00	3.60	0.0	400	80	4.8	1.0	26.0	0.0	0.00	0.00
BRD: BREAD B, TstCinn Mrg 2sl	2 slices	15	226	0	329	1.37	1.90	78.8	334	67	0.01	3.83	33.83	8.32	3.69	*0.00
FRUIT: ORANGE 138ct Whole 1/2c	1 ea (138ct)	60	29	0	0	1.50	0.06	24.9	140	13	33.18	0.59	7.33	0.07	0.01	*N/A*
JUICE, Apple 100% 4oz Cart	1 Each	40	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
Weighted Daily Average			626	5	674	2.07	2.67	369.8	1175	199	21.67	12.96	103.17	17.02	5.00	*0.00
% of Calories												8.3%	65.9%	24.5%	7.2%	*0.0%

Weighted Average			563	14	753	3.02	4.07	418.9	1001	192	13.64	15.29	95.57	13.20	4.54	*0.00
												10.9%	67.9%	21.1%	7.3%	*0.0%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	563		554	102%			
Cholesterol (mg)	14		75	18%			
Sodium (mg)	753		1000	75%			
Fiber (g)	3.02		4.00	76%		0.98	Correction Required - Fiber is Low
Iron (mg)	4.07		3.00	136%			
Calcium (mg)	418.9		257.00	163%			
Vitamin A (IU)	1001		985	102%			
Vitamin A (RE)	192		197	97%		5	Correction Required - Vitamin A is Low
Vitamin C (mg)	13.64		13.00	105%			
Protein (g)	15.29	10.86%	10.00	153%			
Carbohydrate (g)	95.57	67.91%	44.00				
Total Fat (g)	13.20	21.11%	<=30.00%				
Saturated Fat (g)	4.54	7.26%	<10.00%				
Trans Fat (g)	0.00	0.00%			Missing		

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