

AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

BRENTWOOD ELEMENTARY

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/02/2012																
BRENTWOOD ELEMENTA	Total	100														
SUB HD, BeefMtbl Pizza SS WH 2	1 Each	5	312	34	903	4.25	4.31	229.8	295	59	4.68	20.03	32.18	12.21	4.51	0.00
CHIX Nugget, WG (5) 2.0	5 Each	85	180	20	450	2.00	1.80	40.0	0	0	0.0	13.0	14.0	8.0	1.50	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	85	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
SDW BD, Ham w/AM WH2.0	1 Each	2	214	28	718	1.80	2.40	119.4	76	15	0.1	16.93	25.86	5.49	2.13	*0.00
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Egg Chef AP W 2.0	1 Each	3	149	128	223	1.26	0.75	231.1	5363	440	7.46	11.48	3.6	10.46	5.18	*0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: BROCCOLI, Frz Chpd 1/2c	1/2 Cup	30	27	0	11	2.87	0.58	31.6	967	181	38.37	2.97	5.12	0.11	0.02	*N/A*
PASTA, Noodles Egg Parsley	1/2 cup	40	138	24	38	1.01	1.24	16.3	143	31	0.04	3.81	21.06	4.23	1.60	*0.02
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	15	26	0	59	2.19	0.67	24.2	10425	1135	1.97	0.48	6.23	0.1	0.02	*N/A*
FRUIT: PEACHES Slcd w/Syr 1/2c	1/2 Cup	25	66	0	9	0.00	0.00	0.0	284	57	1.14	0.0	16.1	0.0	0.00	0.00
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 wedges	25	31	0	2	1.44	0.07	4.9	32	3	3.07	0.16	8.34	0.11	0.02	*0.00
JUICE, Orange 100% 4oz Cart	1 Each	40	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	10	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	5	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND PC Drsg Ranch 12g Heinz	Each	15	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
COND PC Mayonnaise 12g Heinz	Each	10	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
Weighted Daily Average			603	40	928	5.79	3.78	376.2	2649	375	31.21	28.12	87.26	16.45	3.63	*0.01
% of Calories												18.7%	57.9%	24.6%	5.4%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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¹ - denotes optional nutrient values

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/03/2012																
BRENTWOOD ELEMENTA	Total	100														
BRD: PANCAKES, AP B 2ea	2 Pancake	80	147	17	313	1.33	1.20	26.7	0	0	0.0	4.0	26.0	2.67	0.33	0.00
EGG, Scrambled SS W 2.0	1/4 cup	80	70	195	75	0.00	0.72	40.0	200	40	0.0	6.0	1.0	4.5	1.50	0.00
BURG, Beef w/AM AP WH 2.5	1 Each	10	340	45	671	2.94	3.61	206.0	252	50	0.0	19.92	24.98	17.77	7.79	0.00
WRAP, Bologna w/AM B 2.0	1 each	2	379	44	1155	1.75	2.95	242.0	1938	93	14.14	15.12	40.09	17.07	6.53	*0.22
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Chix Brd Ceas SC WG 2.0	1 serving	3	302	31	905	2.34	2.26	388.3	3613	150	1.55	19.84	19.98	16.49	5.96	*0.00
COND_Dressing, Caesar Crmy	1 TBSP	3	75	0	150	0.00	0.00	10.0	50	10	0.0	0.5	0.5	8.0	1.25	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: POTATO, HB Patty	patty	80	110	0	212	2.55	0.31	0.0	0	0	2.04	0.85	11.88	6.79	1.70	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	5	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: LETTUCE MIX, Romaine 1/2c	1/2 Cup	10	6	0	2	0.42	0.45	16.7	938	63	8.76	0.42	0.83	0.0	0.00	0.00
FRUIT: PEARS, Dice w/Syr 1/2c	1/2 cup	25	78	0	10	1.94	0.00	0.0	0	0	0.0	0.0	18.47	0.0	0.00	0.00
FRUIT: ORANGE 138ct Whole 1/2c	1 ea (138ct)	25	29	0	0	1.50	0.06	24.9	140	13	33.18	0.59	7.33	0.07	0.01	*N/A*
JUICE, Apple 100% 4oz Cart	1 Each	40	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	5	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	5	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND_PC Drsg Ranch 12g Heinz	Each	10	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
COND_PC Margarine 5g	1 each	5	30	0	30	0.00	0.00	0.0	300	40	0.0	0.0	0.0	3.0	1.00	0.00
COND_PC Syrup 1.4oz Smuckers	Each	80	120	0	25	0.00	0.00	0.0	0	0	0.0	0.0	30.0	0.0	0.00	0.00
Weighted Daily Average			709	182	957	5.05	2.93	391.1	956	160	12.16	21.83	111.04	18.99	5.08	*0.00
% of Calories												12.3%	62.7%	24.1%	6.4%	*0.0%

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/04/2012																
BRENTWOOD ELEMENTA	Total	100														
TACO Beef Bean Soft SM SS 2.0	2 Each	60	321	22	801	5.11	2.94	215.8	1529	303	0.61	14.64	36.61	12.51	4.76	*0.18
SDW BN, ChixPtyPln WG/WH 2.0	1 Each	30	373	20	671	4.99	3.64	130.4	0	0	0.0	17.59	38.71	16.42	2.80	0.00
WRAP, ChixPty Ranch B/WG 2.5	sandwich	5	587	38	1220	4.50	3.98	285.9	1148	69	4.2	23.28	51.11	31.93	7.69	*0.22
SDW BD, SB&J WH 2.0	sandwich	2	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Veg Baja SC W 2.0	1 serving	3	259	30	188	9.10	2.35	241.8	3937	181	6.72	16.16	28.21	9.96	5.24	*0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: BEANS, Black 1/2c	1/2 Cup	15	131	0	1	8.63	2.08	26.8	6	1	0.0	8.79	23.53	0.54	0.14	*N/A*
RICE, Mex Spiced WG 1BG	1/2 cup	40	124	0	55	2.31	0.82	20.9	161	20	0.04	2.98	25.54	1.1	0.21	*0.00
VEG: BROCCOLI, Fresh 1/2c	1/2 cup	10	12	0	12	0.92	0.26	16.7	221	55	31.61	1.0	2.35	0.13	0.01	*N/A*
FRUIT: BANANA (100-120ct) Whl	Each	25	94	0	1	2.74	0.27	5.3	68	8	9.18	1.15	24.11	0.35	0.12	*N/A*
FRUIT: APPLESAUCE, AP 1/2c	1/2 cup	25	92	0	10	2.04	0.00	0.0	0	0	0.0	0.0	22.48	0.0	0.00	0.00
JUICE, Orange 100% 4oz Cart	1 Each	40	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	0	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	0	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND PC Drsg Ranch 12g Heinz	Each	15	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
COND PC Sauce, Taco 9g Heinz	Each	30	5	0	55	0.00	0.00	0.0	0	0	0.0	0.0	1.0	0.0	0.00	0.00
Weighted Daily Average			702	28	1089	8.80	4.27	493.6	1670	308	24.01	28.29	104.40	19.00	5.36	*0.12
% of Calories												16.1%	59.5%	24.4%	6.9%	*0.2%

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Thu - 04/05/2012																
BRENTWOOD ELEMENTA	Total	100														
PP Chz Penne In/Out SS B 2.0	1 Each	5	420	38	950	5.22	3.20	306.4	577	117	6.01	25.72	58.12	9.03	4.57	*0.00
FRANK Tky, 8-1 WH 2.0	1 Each	85	289	50	987	1.94	2.89	169.8	300	60	0.0	11.39	25.47	15.22	4.76	0.00
SDW BD, Tuna Salad WH 2.0	sandwich	5	232	30	575	2.06	2.49	78.1	61	2	0.73	18.02	25.43	6.17	1.08	*0.06
SDW BD, SB&J WH 2.0	sandwich	2	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Chix Dcd Chef AP W 2.0	1 serving	3	135	89	135	0.89	1.22	141.2	2190	171	18.68	13.71	2.15	7.52	3.25	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: CARROTS, Sliced Fz 1/2c	1/2 Cup	40	36	0	57	3.20	0.51	33.9	16397	1714	2.23	0.56	7.49	0.66	0.12	*N/A*
BRD: BRDSTK DG, Plain WG	Breadstick	15	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: CELERY, Sticks 1/2c	1/2 Cup	10	9	0	43	0.86	0.11	21.6	242	7	1.67	0.37	1.6	0.09	0.02	*N/A*
FRUIT: APRICOTS, w/ Juice 1/2c	1/2 Cup	25	61	0	35	0.00	0.00	0.0	1767	353	1.21	0.0	14.14	0.0	0.00	0.00
FRUIT: ORANGE 138ct Whole 1/2c	1 ea (138ct)	25	29	0	0	1.50	0.06	24.9	140	13	33.18	0.59	7.33	0.07	0.01	*N/A*
JUICE, Apple 100% 4oz Cart	1 Each	40	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	50	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	30	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND_PC Mayonnaise 12g Heinz	Each	5	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
COND_PC Drsg Ranch 12g Heinz	Each	15	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
Weighted Daily Average			594	55	1405	4.48	3.63	483.2	7930	968	12.11	22.71	80.96	19.06	5.58	*0.00
% of Calories												15.3%	54.5%	28.9%	8.5%	*0.0%

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Mon - 04/09/2012																
BRENTWOOD ELEMENTA	Total	100														
BEEF Pty, Chix FrdStk AP B 2.0	1 Each	20	295	30	488	1.02	2.74	40.7	0	0	0.0	14.23	19.31	18.29	4.07	0.00
COND_Gravy, Brown LS SS	1/4 Cup	20	25	0	143	0.00	0.00	1.7	0	0	0.0	1.01	5.06	0.51	0.00	*0.00
BRD: BRDSTK DG, Plain WG	Breadstick	20	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
CORN DOG, Tky AP B 2.0	1 Each	70	270	30	740	1.00	2.70	80.0	0	0	0.0	10.0	27.0	14.0	4.00	0.00
SDW BD, Ham w/AM WH2.0	1 Each	2	214	28	718	1.80	2.40	119.4	76	15	0.1	16.93	25.86	5.49	2.13	*0.00
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Egg Chef AP W 2.0	1 Each	3	149	128	223	1.26	0.75	231.1	5363	440	7.46	11.48	3.6	10.46	5.18	*0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: POTATO, Mashed 1/2c	1/2 cup	80	86	0	29	1.73	0.31	3.3	0	0	25.9	1.73	18.13	0.0	0.00	*0.00
COND_Gravy, Brown LS SS	1/4 Cup	80	25	0	143	0.00	0.00	1.7	0	0	0.0	1.01	5.06	0.51	0.00	*0.00
BRD: BRDSTK DG, OrgGlz SSWG 1ea	1 Each	25	84	0	125	1.49	0.72	10.0	0	0	0.22	2.99	17.24	0.99	0.00	*0.00
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	10	26	0	59	2.19	0.67	24.2	10425	1135	1.97	0.48	6.23	0.1	0.02	*N/A*
FRUIT: PEACHES Slcd w/Syr 1/2c	1/2 Cup	25	66	0	9	0.00	0.00	0.0	284	57	1.14	0.0	16.1	0.0	0.00	0.00
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 wedges	25	31	0	2	1.44	0.07	4.9	32	3	3.07	0.16	8.34	0.11	0.02	*0.00
JUICE, Orange 100% 4oz Cart	1 Each	40	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	50	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	30	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND PC Mayonnaise 12g Heinz	Each	5	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
COND PC Drsg Ranch 12g Heinz	Each	15	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
Weighted Daily Average			695	38	1313	4.38	3.81	381.2	1802	270	40.61	24.91	103.51	20.59	5.04	*0.00
% of Calories												14.3%	59.6%	26.7%	6.5%	*0.0%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

BRENTWOOD ELEMENTARY

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/10/2012																
BRENTWOOD ELEMENTA	Total	100														
SDW BN, Fish SS WH 2.0	1 Each	5	399	30	1013	2.94	3.61	109.8	100	20	2.4	19.39	43.47	16.21	2.76	0.00
CHIX Nugget, WG (5) 2.0	5 Each	80	180	20	450	2.00	1.80	40.0	0	0	0.0	13.0	14.0	8.0	1.50	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	80	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
WRAP, Bologna w/AM B 2.0	1 each	5	379	44	1155	1.75	2.95	242.0	1938	93	14.14	15.12	40.09	17.07	6.53	*0.22
SDW BD, SB&J WH 2.0	sandwich	2	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Chix Brd Ceas SC WG 2.0	1 serving	3	302	31	905	2.34	2.26	388.3	3613	150	1.55	19.84	19.98	16.49	5.96	*0.00
COND_Dressing, Caesar Crmy	1 TBSP	3	75	0	150	0.00	0.00	10.0	50	10	0.0	0.5	0.5	8.0	1.25	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: CARROTS, Sliced Fz 1/2c	1/2 Cup	25	36	0	57	3.20	0.51	33.9	16397	1714	2.23	0.56	7.49	0.66	0.12	*N/A*
PASTA, Noodles Egg Parsley	1/2 cup	40	138	24	38	1.01	1.24	16.3	143	31	0.04	3.81	21.06	4.23	1.60	*0.02
VEG: LETTUCE MIX, Romaine 1/2c	1/2 Cup	10	6	0	2	0.42	0.45	16.7	938	63	8.76	0.42	0.83	0.0	0.00	0.00
FRUIT: PEARS, Dice w/Syr 1/2c	1/2 cup	25	78	0	10	1.94	0.00	0.0	0	0	0.0	0.0	18.47	0.0	0.00	0.00
FRUIT: ORANGE 138ct Whole 1/2c	1 ea (138ct	25	29	0	0	1.50	0.06	24.9	140	13	33.18	0.59	7.33	0.07	0.01	*N/A*
JUICE, Apple 100% 4oz Cart	1 Each	40	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	5	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	5	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND_PC Drsg Ranch 12g Heinz	Each	15	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
COND_PC Margarine 5g	1 each	5	30	0	30	0.00	0.00	0.0	300	40	0.0	0.0	0.0	3.0	1.00	0.00
COND_PC Mayonnaise 12g Heinz	Each	10	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
Weighted Daily Average			598	37	954	5.48	3.52	381.1	4990	568	11.64	26.30	85.73	16.61	3.75	*0.02
% of Calories												17.6%	57.3%	25.0%	5.6%	*0.0%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

BRENTWOOD ELEMENTARY

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/11/2012																
BRENTWOOD ELEMENTA	Total	100														
TACO Beef Bean Soft SM SS 2.0	2 Each	60	321	22	801	5.11	2.94	215.8	1529	303	0.61	14.64	36.61	12.51	4.76	*0.18
SDW BN, ChixPtyPln WG/WH 2.0	1 Each	30	373	20	671	4.99	3.64	130.4	0	0	0.0	17.59	38.71	16.42	2.80	0.00
WRAP, ChixPty Ranch B/WG 2.5	sandwich	2	587	38	1220	4.50	3.98	285.9	1148	69	4.2	23.28	51.11	31.93	7.69	*0.22
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Veg Baja SC W 2.0	1 serving	3	259	30	188	9.10	2.35	241.8	3937	181	6.72	16.16	28.21	9.96	5.24	*0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: BEANS, Pinto Kickin' 1/2c	1/2 Cup	20	88	0	400	4.79	1.41	42.2	33	9	0.87	4.71	15.69	0.78	0.16	*0.00
RICE, Mex Spiced WG 1BG	1/2 cup	40	124	0	55	2.31	0.82	20.9	161	20	0.04	2.98	25.54	1.1	0.21	*0.00
VEG: BROCCOLI, Fresh 1/2c	1/2 cup	10	12	0	12	0.92	0.26	16.7	221	55	31.61	1.0	2.35	0.13	0.01	*N/A*
FRUIT: BANANA (100-120ct) Whl	Each	25	94	0	1	2.74	0.27	5.3	68	8	9.18	1.15	24.11	0.35	0.12	*N/A*
FRUIT: APPLESAUCE, AP 1/2c	1/2 cup	25	92	0	10	2.04	0.00	0.0	0	0	0.0	0.0	22.48	0.0	0.00	0.00
JUICE, Orange 100% 4oz Cart	1 Each	40	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	10	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	10	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND PC Drsg Ranch 12g Heinz	Each	15	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
COND PC Sauce, Taco 9g Heinz	Each	50	5	0	55	0.00	0.00	0.0	0	0	0.0	0.0	1.0	0.0	0.00	0.00
COND PC Mayonnaise 12g Heinz	Each	10	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
Weighted Daily Average			717	28	1197	8.69	4.29	493.9	1651	313	24.19	27.88	105.93	20.10	5.43	*0.11
% of Calories												15.6%	59.1%	25.2%	6.8%	*0.1%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

BRENTWOOD ELEMENTARY

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/12/2012																
BRENTWOOD ELEMENTA	Total	100														
PP MAC & CHZ 1.5c SS B 2.0	1.5 c	5	492	66	1217	2.37	1.68	21.1	0	0	0.0	25.14	49.36	20.92	13.37	*0.00
FRANK Tky, 8-1 WH 2.0	1 Each	80	289	50	987	1.94	2.89	169.8	300	60	0.0	11.39	25.47	15.22	4.76	0.00
SDW BD, Tuna Salad WH 2.0	sandwich	2	232	30	575	2.06	2.49	78.1	61	2	0.73	18.02	25.43	6.17	1.08	*0.06
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Chix Dcd Chef AP W 2.0	1 serving	3	135	89	135	0.89	1.22	141.2	2190	171	18.68	13.71	2.15	7.52	3.25	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: BEANS, Green Fz 1/2c	1/2 Cup	40	20	0	1	2.12	0.47	29.7	394	28	2.9	1.05	4.56	0.12	0.03	*N/A*
BRD: BRDSTK DG, Plain WG	Breadstick	25	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: CELERY, Sticks 1/2c	1/2 Cup	10	9	0	43	0.86	0.11	21.6	242	7	1.67	0.37	1.6	0.09	0.02	*N/A*
FRUIT: APRICOTS, w/ Juice 1/2c	1/2 Cup	25	61	0	35	0.00	0.00	0.0	1767	353	1.21	0.0	14.14	0.0	0.00	0.00
FRUIT: ORANGE 138ct Whole 1/2c	1 ea (138ct	25	29	0	0	1.50	0.06	24.9	140	13	33.18	0.59	7.33	0.07	0.01	*N/A*
JUICE, Apple 100% 4oz Cart	1 Each	40	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	50	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	30	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND_PC Mayonnaise 12g Heinz	Each	5	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
COND_PC Drsg Ranch 12g Heinz	Each	15	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
Weighted Daily Average			599	53	1356	4.19	3.52	460.8	1483	285	12.06	22.64	81.36	19.61	5.84	*0.00
% of Calories												15.1%	54.3%	29.5%	8.8%	*0.0%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values
BRENTWOOD ELEMENTARY

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/13/2012																
BRENTWOOD ELEMENTA																
	Total	100														
PIZZA AP 50/50 Chz WG 4x6	Pizza, 4.6o	85	300	15	630	4.00	1.80	350.0	300	60	0.0	15.0	37.0	11.0	3.50	0.00
BURR 10" Beef Bean SM SS 2.0	1 each	5	407	18	924	6.61	3.97	201.1	2222	435	0.63	17.0	55.2	12.74	4.25	*0.22
WRAP, Chix Dcd Buff B 2.0	1 Each	2	408	53	874	1.49	2.41	144.7	348	25	4.17	21.46	36.34	18.91	4.48	*0.22
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Ham Pizza AP W 2.0	1 serving	3	150	40	582	0.89	1.86	135.9	2101	153	18.68	17.44	4.54	7.83	3.67	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: CORN, Fz 1/2c	1/2 Cup	65	66	0	1	1.96	0.38	2.5	163	18	2.87	2.09	15.8	0.55	0.08	*N/A*
BRD: BRDSTK DG, Plain WG	Breadstick	25	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: CUCUMBER, Fresh 1/2c	1/2 Cup	10	13	0	2	0.43	0.24	13.8	90	18	2.41	0.56	3.12	0.09	0.03	*N/A*
FRUIT: APPLESAUCE, AP 1/2c	1/2 cup	25	92	0	10	2.04	0.00	0.0	0	0	0.0	0.0	22.48	0.0	0.00	0.00
FRUIT: BANANA (100-120ct) Whl	Each	25	94	0	1	2.74	0.27	5.3	68	8	9.18	1.15	24.11	0.35	0.12	*N/A*
JUICE, Orange 100% 4oz Cart	1 Each	40	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
DESRT: COOKIE Choc Chip 1.0oz	Cookie	80	130	5	95	1.00	0.72	0.0	100	20	0.0	1.0	17.0	6.0	3.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	0	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	0	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND PC Drsg Ranch 12g Heinz	Each	10	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
COND PC Margarine 5g	1 each	5	30	0	30	0.00	0.00	0.0	300	40	0.0	0.0	0.0	3.0	1.00	0.00
Weighted Daily Average			686	26	949	8.01	3.48	612.7	1136	213	22.84	26.90	105.50	18.92	6.41	*0.02
% of Calories											15.7%	61.5%	24.8%	8.4%	*0.0%	

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

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BRENTWOOD ELEMENTARY

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/16/2012																
BRENTWOOD ELEMENTA	Total	100														
BURG, Beef Pizza AP WH 2.5	1 Each	5	374	50	768	3.43	4.13	209.8	297	59	2.34	23.29	27.65	19.52	8.43	0.00
CHIX Nugget, WG (5) 2.0	5 Each	85	180	20	450	2.00	1.80	40.0	0	0	0.0	13.0	14.0	8.0	1.50	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	85	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
SDW BD, Ham w/AM WH2.0	1 Each	2	214	28	718	1.80	2.40	119.4	76	15	0.1	16.93	25.86	5.49	2.13	*0.00
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Egg Chef AP W 2.0	1 Each	3	149	128	223	1.26	0.75	231.1	5363	440	7.46	11.48	3.6	10.46	5.18	*0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: BROCCOLI, Frz Chpd 1/2c	1/2 Cup	30	27	0	11	2.87	0.58	31.6	967	181	38.37	2.97	5.12	0.11	0.02	*N/A*
BRD: BRDSTK DG, OrgGlz SSWG 1ea	1 Each	40	84	0	125	1.49	0.72	10.0	0	0	0.22	2.99	17.24	0.99	0.00	*0.00
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	10	26	0	59	2.19	0.67	24.2	10425	1135	1.97	0.48	6.23	0.1	0.02	*N/A*
FRUIT: PEACHES Slcd w/Syr 1/2c	1/2 Cup	25	66	0	9	0.00	0.00	0.0	284	57	1.14	0.0	16.1	0.0	0.00	0.00
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 wedges	25	31	0	2	1.44	0.07	4.9	32	3	3.07	0.16	8.34	0.11	0.02	*0.00
JUICE, Orange 100% 4oz Cart	1 Each	40	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	5	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	5	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND PC Drsg Ranch 12g Heinz	Each	15	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
COND PC Margarine 5g	1 each	5	30	0	30	0.00	0.00	0.0	300	40	0.0	0.0	0.0	3.0	1.00	0.00
COND PC Mayonnaise 12g Heinz	Each	5	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
Weighted Daily Average			580	30	943	5.82	3.53	371.4	2082	306	31.02	27.92	84.95	15.22	3.16	*0.00
% of Calories												19.3%	58.6%	23.6%	4.9%	*0.0%

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¹ - denotes optional nutrient values

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

BRENTWOOD ELEMENTARY

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/17/2012																
BRENTWOOD ELEMENTA	Total	100														
BRD: FR TST STK, AP B 4ea	4 Sticks	85	310	0	410	1.00	1.80	60.0	0	0	0.0	5.0	45.0	12.0	3.00	0.00
EGG, Scrambled SS W 2.0	1/4 cup	85	70	195	75	0.00	0.72	40.0	200	40	0.0	6.0	1.0	4.5	1.50	0.00
BURG, Beef w/AM AP WH 2.5	1 Each	5	340	45	671	2.94	3.61	206.0	252	50	0.0	19.92	24.98	17.77	7.79	0.00
WRAP, Bologna w/AM B 2.0	1 each	2	379	44	1155	1.75	2.95	242.0	1938	93	14.14	15.12	40.09	17.07	6.53	*0.22
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Chix Brd Ceas SC WG 2.0	1 serving	3	302	31	905	2.34	2.26	388.3	3613	150	1.55	19.84	19.98	16.49	5.96	*0.00
COND_Dressing, Caesar Crmy	1 TBSP	3	75	0	150	0.00	0.00	10.0	50	10	0.0	0.5	0.5	8.0	1.25	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: POTATO, Tater Tots	1/2 Cup	85	115	0	237	1.43	0.52	0.0	0	0	1.72	1.43	13.63	5.74	1.43	0.00
BRD: PRETZEL, Soft 1oz Rod WG	1 Each	5	70	0	65	1.00	0.72	0.0	0	0	0.0	2.0	14.0	0.5	0.00	0.00
VEG: LETTUCE MIX, Romaine 1/2c	1/2 Cup	10	6	0	2	0.42	0.45	16.7	938	63	8.76	0.42	0.83	0.0	0.00	0.00
FRUIT: PEARS, Dice w/Syr 1/2c	1/2 cup	25	78	0	10	1.94	0.00	0.0	0	0	0.0	0.0	18.47	0.0	0.00	0.00
FRUIT: ORANGE 138ct Whole 1/2c	1 ea (138ct)	25	29	0	0	1.50	0.06	24.9	140	13	33.18	0.59	7.33	0.07	0.01	*N/A*
JUICE, Apple 100% 4oz Cart	1 Each	40	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	30	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	0	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND_PC Mayonnaise 12g Heinz	Each	5	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
COND_PC Drsg Ranch 12g Heinz	Each	15	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
COND_PC Syrup 1.4oz Smuckers	Each	85	120	0	25	0.00	0.00	0.0	0	0	0.0	0.0	30.0	0.0	0.00	0.00
Weighted Daily Average			867	176	1093	3.88	3.55	412.2	957	170	12.26	22.69	132.14	26.44	6.98	*0.00
% of Calories												10.5%	60.9%	27.4%	7.2%	*0.0%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

BRENTWOOD ELEMENTARY

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/18/2012																
BRENTWOOD ELEMENTA	Total	100														
NACHOS Beef Bean SM SS B 2.0	1 Each	20	287	20	611	6.29	1.50	46.4	1033	205	0.6	11.44	28.87	14.16	4.43	*0.00
SDW BN, ChixPtyPln WG/WH 2.0	1 Each	70	373	20	671	4.99	3.64	130.4	0	0	0.0	17.59	38.71	16.42	2.80	0.00
WRAP, ChixPty Ranch B/WG 2.5	sandwich	2	587	38	1220	4.50	3.98	285.9	1148	69	4.2	23.28	51.11	31.93	7.69	*0.22
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Veg Baja SC W 2.0	1 serving	3	259	30	188	9.10	2.35	241.8	3937	181	6.72	16.16	28.21	9.96	5.24	*0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: BEANS, Refried AP 1/2c	1/2 cup	25	143	0	357	9.53	1.72	0.0	0	0	1.43	7.15	20.26	2.98	0.00	0.00
RICE, Mex Spiced WG 1BG	1/2 cup	40	124	0	55	2.31	0.82	20.9	161	20	0.04	2.98	25.54	1.1	0.21	*0.00
VEG: BROCCOLI, Fresh 1/2c	1/2 cup	10	12	0	12	0.92	0.26	16.7	221	55	31.61	1.0	2.35	0.13	0.01	*N/A*
FRUIT: BANANA (100-120ct) Whl	Each	25	94	0	1	2.74	0.27	5.3	68	8	9.18	1.15	24.11	0.35	0.12	*N/A*
FRUIT: APPLESAUCE, AP 1/2c	1/2 cup	25	92	0	10	2.04	0.00	0.0	0	0	0.0	0.0	22.48	0.0	0.00	0.00
JUICE, Orange 100% 4oz Cart	1 Each	40	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	20	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	5	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND PC Drsg Ranch 12g Heinz	Each	15	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
COND PC Sauce, Taco 9g Heinz	Each	50	5	0	55	0.00	0.00	0.0	0	0	0.0	0.0	1.0	0.0	0.00	0.00
COND PC Mayonnaise 12g Heinz	Each	10	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	9.0	1.50	0.00	0.00
Weighted Daily Average			750	27	1124	10.31	4.42	417.3	941	175	24.23	29.26	107.60	22.55	4.54	*0.00
% of Calories												15.6%	57.4%	27.1%	5.5%	*0.0%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

BRENTWOOD ELEMENTARY

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/19/2012																
BRENTWOOD ELEMENTA	Total	100														
PASTA, Penne	1 Cup	10	221	0	14	2.11	1.90	14.2	0	0	0.0	7.38	43.24	1.05	0.00	*0.00
SAUCE, Tom AP Beef SS 2.0	3/4 Cup	10	162	21	864	4.53	2.74	43.9	4460	892	7.0	12.61	15.03	6.16	2.05	0.00
FRANK Tky, 8-1 WH 2.0	1 Each	80	289	50	987	1.94	2.89	169.8	300	60	0.0	11.39	25.47	15.22	4.76	0.00
SDW BD, Tuna Salad WH 2.0	sandwich	2	232	30	575	2.06	2.49	78.1	61	2	0.73	18.02	25.43	6.17	1.08	*0.06
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Chix Dcd Chef AP W 2.0	1 serving	3	135	89	135	0.89	1.22	141.2	2190	171	18.68	13.71	2.15	7.52	3.25	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: CARROTS, Sliced Fz 1/2c	1/2 Cup	40	36	0	57	3.20	0.51	33.9	16397	1714	2.23	0.56	7.49	0.66	0.12	*N/A*
BRD: BRDSTK DG, Plain WG	Breadstick	15	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: CELERY, Sticks 1/2c	1/2 Cup	10	9	0	43	0.86	0.11	21.6	242	7	1.67	0.37	1.6	0.09	0.02	*N/A*
FRUIT: APRICOTS, w/ Juice 1/2c	1/2 Cup	15	61	0	35	0.00	0.00	0.0	1767	353	1.21	0.0	14.14	0.0	0.00	0.00
FRUIT: ORANGE 138ct Whole 1/2c	1 ea (138ct)	25	29	0	0	1.50	0.06	24.9	140	13	33.18	0.59	7.33	0.07	0.01	*N/A*
JUICE, Apple 100% 4oz Cart	1 Each	40	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	50	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	30	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND_PC Mayonnaise 12g Heinz	Each	5	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
COND_PC Drsg Ranch 12g Heinz	Each	15	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
Weighted Daily Average			606	52	1390	5.02	3.85	466.2	8154	1013	12.37	22.89	83.13	19.40	5.42	*0.00
% of Calories												15.1%	54.9%	28.8%	8.0%	*0.0%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

BRENTWOOD ELEMENTARY

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/20/2012																
BRENTWOOD ELEMENTA	Total	100														
PIZZA AP 50/50 Chz WG 4x6	Pizza, 4.6o	85	300	15	630	4.00	1.80	350.0	300	60	0.0	15.0	37.0	11.0	3.50	0.00
MELT BD, Ham w/AM WH 2.0	1 Each	5	280	39	997	1.80	2.28	263.6	304	61	0.1	18.87	26.29	12.07	5.84	*0.00
WRAP, Chix Dcd Buff B 2.0	1 Each	2	408	53	874	1.49	2.41	144.7	348	25	4.17	21.46	36.34	18.91	4.48	*0.22
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Ham Pizza AP W 2.0	1 serving	3	150	40	582	0.89	1.86	135.9	2101	153	18.68	17.44	4.54	7.83	3.67	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: CORN, Fz 1/2c	1/2 Cup	60	66	0	1	1.96	0.38	2.5	163	18	2.87	2.09	15.8	0.55	0.08	*N/A*
BRD: BRDSTK DG, Plain WG	Breadstick	15	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: CUCUMBER, Fresh 1/2c	1/2 Cup	10	13	0	2	0.43	0.24	13.8	90	18	2.41	0.56	3.12	0.09	0.03	*N/A*
FRUIT: APPLESAUCE, AP 1/2c	1/2 cup	25	92	0	10	2.04	0.00	0.0	0	0	0.0	0.0	22.48	0.0	0.00	0.00
FRUIT: BANANA (100-120ct) Whl	Each	25	94	0	1	2.74	0.27	5.3	68	8	9.18	1.15	24.11	0.35	0.12	*N/A*
JUICE, Orange 100% 4oz Cart	1 Each	40	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
DESRT: COOKIE Choc Chip 1.0oz	Cookie	80	130	5	95	1.00	0.72	0.0	100	20	0.0	1.0	17.0	6.0	3.00	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	5	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	5	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND PC Mayonnaise 12g Heinz	Each	5	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
COND PC Drsg Ranch 12g Heinz	Each	15	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
COND PC Margarine 5g	1 each	5	30	0	30	0.00	0.00	0.0	300	40	0.0	0.0	0.0	3.0	1.00	0.00
Weighted Daily Average			678	27	964	7.56	3.32	615.3	1037	196	22.73	26.63	102.24	19.59	6.61	*0.00
% of Calories												15.7%	60.3%	26.0%	8.8%	*0.0%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

BRENTWOOD ELEMENTARY

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/23/2012																
BRENTWOOD ELEMENTA	Total	100														
SUB HD, BeefMtbl Pizza SS WH 2	1 Each	10	312	34	903	4.25	4.31	229.8	295	59	4.68	20.03	32.18	12.21	4.51	0.00
CHIX Nugget, WG (5) 2.0	5 Each	80	180	20	450	2.00	1.80	40.0	0	0	0.0	13.0	14.0	8.0	1.50	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	80	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
SDW BD, Ham w/AM WH2.0	1 Each	2	214	28	718	1.80	2.40	119.4	76	15	0.1	16.93	25.86	5.49	2.13	*0.00
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Egg Chef AP W 2.0	1 Each	3	149	128	223	1.26	0.75	231.1	5363	440	7.46	11.48	3.6	10.46	5.18	*0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: BEANS, Green Fz 1/2c	1/2 Cup	30	20	0	1	2.12	0.47	29.7	394	28	2.9	1.05	4.56	0.12	0.03	*N/A*
BRD: PRETZEL, Soft 1oz Rod WG	1 Each	25	70	0	65	1.00	0.72	0.0	0	0	0.0	2.0	14.0	0.5	0.00	0.00
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	10	26	0	59	2.19	0.67	24.2	10425	1135	1.97	0.48	6.23	0.1	0.02	*N/A*
FRUIT: PEACHES Slcd w/Syr 1/2c	1/2 Cup	25	66	0	9	0.00	0.00	0.0	284	57	1.14	0.0	16.1	0.0	0.00	0.00
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 wedges	25	31	0	2	1.44	0.07	4.9	32	3	3.07	0.16	8.34	0.11	0.02	*0.00
JUICE, Orange 100% 4oz Cart	1 Each	40	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	0	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	0	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND PC Drsg Ranch 12g Heinz	Each	40	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
COND PC Mayonnaise 12g Heinz	Each	5	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
Weighted Daily Average			576	32	936	5.29	3.47	376.2	1905	258	20.58	26.65	81.83	16.31	3.31	*0.00
% of Calories												18.5%	56.9%	25.5%	5.2%	*0.0%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

BRENTWOOD ELEMENTARY

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/24/2012																
BRENTWOOD ELEMENTA	Total	100														
SDW BN, PorkRibBBQ SS WH 2.0	1 Each	10	342	30	1029	5.06	2.89	129.8	100	20	1.2	16.39	41.0	13.22	4.26	0.00
BURG, Beef w/AM AP WH 2.5	1 Each	80	340	45	671	2.94	3.61	206.0	252	50	0.0	19.92	24.98	17.77	7.79	0.00
WRAP, Bologna w/AM B 2.0	1 each	2	379	44	1155	1.75	2.95	242.0	1938	93	14.14	15.12	40.09	17.07	6.53	*0.22
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Chix Brd Ceas SC WG 2.0	1 serving	3	302	31	905	2.34	2.26	388.3	3613	150	1.55	19.84	19.98	16.49	5.96	*0.00
COND_Dressing, Caesar Crmy	1 TBSP	3	75	0	150	0.00	0.00	10.0	50	10	0.0	0.5	0.5	8.0	1.25	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: BEANS, Bkd w/Pork AP 1/2c	1/2 Cup	10	135	0	570	5.39	1.35	6.7	0	0	0.0	6.73	29.63	1.35	0.00	0.00
PASTA, Noodles Egg Parsley	1/2 cup	40	138	24	38	1.01	1.24	16.3	143	31	0.04	3.81	21.06	4.23	1.60	*0.02
VEG: LETTUCE, Romaine 1/2c	1/2 cup	10	5	0	2	0.61	0.28	9.6	2522	75	1.16	0.36	0.95	0.09	0.01	*N/A*
FRUIT: PEARS, Dice w/Syr 1/2c	1/2 cup	25	78	0	10	1.94	0.00	0.0	0	0	0.0	0.0	18.47	0.0	0.00	0.00
FRUIT: ORANGE 138ct Whole 1/2c	1 ea (138ct	25	29	0	0	1.50	0.06	24.9	140	13	33.18	0.59	7.33	0.07	0.01	*N/A*
JUICE, Apple 100% 4oz Cart	1 Each	40	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serv ing	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	30	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	20	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND PC Drsg Ranch 12g Heinz	Each	25	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
COND PC Margarine 5g	1 each	3	30	0	30	0.00	0.00	0.0	300	40	0.0	0.0	0.0	3.0	1.00	0.00
COND PC Mayonnaise 12g Heinz	Each	5	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
Weighted Daily Average			709	58	1177	5.51	4.59	502.9	1214	191	10.20	30.92	89.72	24.91	9.00	*0.01
% of Calories												17.4%	50.6%	31.6%	11.4%	*0.0%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

BRENTWOOD ELEMENTARY

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/25/2012																
BRENTWOOD ELEMENTA	Total	100														
TACO Beef Bean Soft SM SS 2.0	2 Each	55	321	22	801	5.11	2.94	215.8	1529	303	0.61	14.64	36.61	12.51	4.76	*0.18
SDW BN, ChixPtyPln WG/WH 2.0	Each	35	373	20	671	4.99	3.64	130.4	0	0	0.0	17.59	38.71	16.42	2.80	0.00
WRAP, ChixPty Ranch B/WG 2.5	sandwich	2	587	38	1220	4.50	3.98	285.9	1148	69	4.2	23.28	51.11	31.93	7.69	*0.22
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Veg Baja SC W 2.0	1 serving	3	259	30	188	9.10	2.35	241.8	3937	181	6.72	16.16	28.21	9.96	5.24	*0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: CORN, Fz 1/2c	1/2 Cup	40	66	0	1	1.96	0.38	2.5	163	18	2.87	2.09	15.8	0.55	0.08	*N/A*
RICE, Mex Spiced WG 1BG	1/2 cup	25	124	0	55	2.31	0.82	20.9	161	20	0.04	2.98	25.54	1.1	0.21	*0.00
VEG: BROCCOLI, Fresh 1/2c	1/2 cup	10	12	0	12	0.92	0.26	16.7	221	55	31.61	1.0	2.35	0.13	0.01	*N/A*
FRUIT: BANANA (100-120ct) Whl	Each	25	94	0	1	2.74	0.27	5.3	68	8	9.18	1.15	24.11	0.35	0.12	*N/A*
FRUIT: APPLESAUCE, AP 1/2c	1/2 cup	25	92	0	10	2.04	0.00	0.0	0	0	0.0	0.0	22.48	0.0	0.00	0.00
JUICE, Orange 100% 4oz Cart	1 Each	40	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	0	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	0	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND_PC Drsg Ranch 12g Heinz	Each	25	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
COND_PC Mayonnaise 12g Heinz	Each	10	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
Weighted Daily Average			711	28	1052	8.10	4.05	477.9	1599	295	25.00	27.40	104.43	20.83	5.39	*0.11
% of Calories												15.4%	58.7%	26.4%	6.8%	*0.1%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

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BRENTWOOD ELEMENTARY

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/26/2012																
BRENTWOOD ELEMENTA	Total	100														
PASTA, Penne	1 Cup	10	221	0	14	2.11	1.90	14.2	0	0	0.0	7.38	43.24	1.05	0.00	*0.00
SAUCE, Tom AP Beef SS 2.0	3/4 Cup	10	162	21	864	4.53	2.74	43.9	4460	892	7.0	12.61	15.03	6.16	2.05	0.00
FRANK Tky, 8-1 WH 2.0	1 Each	80	289	50	987	1.94	2.89	169.8	300	60	0.0	11.39	25.47	15.22	4.76	0.00
SDW BD, Tuna Salad WH 2.0	sandwich	5	232	30	575	2.06	2.49	78.1	61	2	0.73	18.02	25.43	6.17	1.08	*0.06
SDW BD, SB&J WH 2.0	sandwich	2	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Chix Dcd Chef AP W 2.0	1 serving	3	135	89	135	0.89	1.22	141.2	2190	171	18.68	13.71	2.15	7.52	3.25	0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: CARROTS, Sliced Fz 1/2c	1/2 Cup	45	36	0	57	3.20	0.51	33.9	16397	1714	2.23	0.56	7.49	0.66	0.12	*N/A*
BRD: BRDSTK DG, Plain WG	Breadstick	20	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: CELERY, Sticks 1/2c	1/2 Cup	10	9	0	43	0.86	0.11	21.6	242	7	1.67	0.37	1.6	0.09	0.02	*N/A*
FRUIT: APRICOTS, w/ Juice 1/2c	1/2 Cup	15	61	0	35	0.00	0.00	0.0	1767	353	1.21	0.0	14.14	0.0	0.00	0.00
FRUIT: BANANA (100-120ct) Whl	Each	25	94	0	1	2.74	0.27	5.3	68	8	9.18	1.15	24.11	0.35	0.12	*N/A*
JUICE, Apple 100% 4oz Cart	1 Each	40	60	0	15	0.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	50	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	30	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND_PC Mayonnaise 12g Heinz	Each	0	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
COND_PC Drsg Ranch 12g Heinz	Each	30	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
Weighted Daily Average			619	53	1412	5.33	3.90	462.5	8957	1098	6.50	23.17	86.58	19.32	5.42	*0.00
% of Calories												15.0%	56.0%	28.1%	7.9%	*0.0%

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AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

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BRENTWOOD ELEMENTARY

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/30/2012																
BRENTWOOD ELEMENTA	Total	100														
SDW BN, ChixDcd BBQw/CHSSW	1 Each	10	308	53	596	3.53	1.99	191.1	152	30	0.0	19.07	30.62	11.31	4.31	0.00
CORN DOG, Tky AP B 2.0	1 Each	80	270	30	740	1.00	2.70	80.0	0	0	0.0	10.0	27.0	14.0	4.00	0.00
SDW BD, Ham w/AM WH2.0	1 Each	2	214	28	718	1.80	2.40	119.4	76	15	0.1	16.93	25.86	5.49	2.13	*0.00
SDW BD, SB&J WH 2.0	sandwich	5	734	0	501	9.80	4.61	111.0	0	0	0.1	19.46	90.09	33.82	4.40	*0.00
SALAD Egg Chef AP W 2.0	1 Each	3	149	128	223	1.26	0.75	231.1	5363	440	7.46	11.48	3.6	10.46	5.18	*0.00
BRD: BRDSTK DG, Plain WG	Breadstick	3	70	0	124	1.49	0.72	9.9	0	0	0.0	2.98	13.43	0.99	0.00	0.00
VEG: CARROTS, Sliced Fz 1/2c	1/2 Cup	30	36	0	57	3.20	0.51	33.9	16397	1714	2.23	0.56	7.49	0.66	0.12	*N/A*
PASTA, Noodles Egg Parsley	1/2 cup	50	138	24	38	1.01	1.24	16.3	143	31	0.04	3.81	21.06	4.23	1.60	*0.02
VEG: CUCUMBER, Fresh 1/2c	1/2 Cup	10	13	0	2	0.43	0.24	13.8	90	18	2.41	0.56	3.12	0.09	0.03	*N/A*
FRUIT: APPLESAUCE, AP 1/2c	1/2 cup	25	92	0	10	2.04	0.00	0.0	0	0	0.0	0.0	22.48	0.0	0.00	0.00
FRUIT: BANANA (100-120ct) Whl	Each	25	94	0	1	2.74	0.27	5.3	68	8	9.18	1.15	24.11	0.35	0.12	*N/A*
JUICE, Orange 100% 4oz Cart	1 Each	40	50	0	15	0.00	0.00	0.0	0	0	42.0	1.0	13.0	0.0	0.00	0.00
BRD: CRACK BK, Animal 1oz	1 ozw serving	60	127	0	147	0.00	0.00	0.0	0	0	0.0	1.96	21.51	3.42	0.98	0.00
MILK, 1% White 8oz	Carton	10	103	12	108	0.00	0.07	306.2	480	145	0.0	8.26	12.23	2.38	1.55	*N/A*
MILK, Skim, Chocolate	Carton	80	130	5	200	0.00	0.36	300.0	500	100	1.2	8.0	24.0	0.0	0.00	0.00
MILK, Skim 8oz	Carton	5	83	5	103	0.00	0.07	299.1	500	150	0.0	8.26	12.16	0.2	0.14	*N/A*
COND_Ketchup #10 Pouch	TBSP	50	21	0	158	0.24	0.05	2.5	79	51	1.1	0.18	4.89	0.04	0.00	0.00
COND_Mustard, Yellow	TBSP	30	10	0	166	0.40	0.24	8.7	18	4	0.15	0.64	0.64	0.58	0.12	0.00
COND PC Drsg Ranch 12g Heinz	Each	25	70	5	95	0.00	0.00	0.0	0	0	0.0	0.0	1.0	7.0	1.00	0.00
COND PC Mayonnaise 12g Heinz	Each	5	80	5	65	0.00	0.00	0.0	0	0	0.0	0.0	0.0	9.0	1.50	0.00
Weighted Daily Average			671	53	1166	4.70	3.94	408.7	5712	678	21.81	23.56	96.95	21.58	6.02	*0.01
% of Calories												14.0%	57.8%	28.9%	8.1%	*0.0%
Weighted Average			667	54	1127	6.13	3.78	451.8	2991	413	19.87	25.83	96.59	19.76	5.37	*0.02
												15.5%	57.9%	26.7%	7.2%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

AFFTON SCHOOL DISTRICT

Apr 2, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values
BRENTWOOD ELEMENTARY

Mar 15, 2012

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Nutrient	Menu AVG	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)										
Calories	667		645	103%													
Cholesterol (mg)	54		100	54%													
Sodium (mg)	1127		1350	83%													
Fiber (g)	6.13		4.00	153%													
Iron (mg)	3.78		3.30	115%													
Calcium (mg)	451.8		267.00	169%													
Vitamin A (IU)	2991		1055	283%													
Vitamin A (RE)	413		211	196%													
Vitamin C (mg)	19.87		15.00	132%													
Protein (g)	25.83	15.49%	8.87	291%													
Carbohydrate (g)	96.59	57.94%	75.00														
Total Fat (g)	19.76	26.67%	<=30.00%														
Saturated Fat (g)	5.37	7.24%	<10.00%														
Trans Fat (g)	0.02	0.03%				Missing											

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